

Dharma

Not to affirm not yet deny,
To Seek the Truth and know the Why,
 This is "Right Meditation."
It is not earth or in the sky,
Only in Silence lives the "I,"
 There finding liberation.

Not to the left or to the right,
Not in the depths or on the height,
 Can one escape causation;
But in your midst behold the sight
Of Buddha's infinite love and light,
 Above all limitation.